

Abstract of the Invention

A surgical instrument, mainly a laparoscopic organ lifter apparatus and method comprising a flexible arm component having a first manipulating bilateral handle with a central element securing a solid rod terminating in a connector piece holding flexible arms, the solid rod passing through an internally threaded ring housing a locking screw and a tubular rod component having a hollow rod with a proximal hollow externally threaded coupler disposed to receive the internally threaded ring when the hollow rod houses the flexible arms component. To lift and hold an organ, an operator thrusts the first bilateral handle toward the hollow rod proximal end thereby extending the flexible arms outside a hollow tube distal end where the arms assume an arcuate shape appropriate to lift and hold steady an organ such as a spleen.